We might see you:

- At home
- In the Physiotherapy department
- At a centre

You can find us at
Physiotherapy Department
Lynebank Hospital
Halbeath Road
Dunfermline
KY11 7UW

01383 565253

Quality assured by Good Information Fife Team
Physiotherapists can also be called Physio’s

- We help people to get better at walking
- We help people who fall over sometimes
- We give people things to help them move around
- We help people who have problems with breathing

- We help people to move and stretch their joints. Joints are the bits of your body that can move
- We help people who have sore joints
- We can help to teach people about exercise
- We can help people start to exercise if they have not done it before