Community Nursing Service for adults with learning disabilities

Information Leaflet

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www.nhsfife.scot.nhs.uk/easyread
A Community Learning Disability Nurse can help you with your health.

They can help you with:-

- Medicines
- Continence
- Staying healthy
- Sexual Health and relationships
- Health appointments
A Community Learning Disability Nurse can help you by:

- Talking with you
- Supporting you to take your medicines
- Giving you information
- Asking others to help you
A Community Learning Disability Nurse works with different people to support you, such as:-

- You

- Your family

- Your friends

- Your support staff

- Other staff like your Social Worker and Doctor
The Community Learning Disability Nurse can visit you at:-

- Home

- Day centre

- College

For more information about Nurses in Fife. Please telephone:- 01383 565230

Or you can email us at :- Fife-uhb.LDReferrals@nhs.net
There are also Specialist Nurses who can help you with:-

• Moving on from leaving school
  Tel No: 01383 565318

• Going to Hospital
  Tel No: 01383 623623
  XT 3110

• Services at your local Health Centre
  Tel No: 01592 743388

• Your behaviour
  Tel No: 01383 565104

• Living with Epilepsy
  Tel No: 01383 565240