Know Who To Turn To

Minor Injuries Service

For Example: Cuts; strains and sprains; minor burns and scalds; suspected broken bones

Minor Injuries Services can provide treatment for a range of minor or less serious injuries.

**What CAN be treated**
- Arm, wrist and hand injuries
- Knee, ankle and foot injuries
- Back, shoulder and rib injuries
- Head and neck injuries in people who are fully conscious
- Cuts and wounds which may need dressing and stitches
- Minor burns and scalds

**What CAN’T be treated**
- Illnesses which a GP would normally treat
- Gynaecological problems
- Pregnancy problems
- Alcohol and drug related problems
- Mental health problems
- Drug overdose
- Severe allergic reaction
- Breathing problems
- Chest pain

Minor Injury Services are available at Victoria Hospital, Queen Margaret Hospital, Adamson Hospital and St Andrews Community Hospital.

Minor Injury Services at Victoria Hospital and Queen Margaret Hospital operate walk-in services 24 hours-a-day, 7 days a week.

Minor Injuries Services at Adamson and St Andrews Community Hospitals operate walk-in services Monday to Friday 8am-6pm, outwith these times and on public holidays call NHS 24 on 111.
Did You Know?

- Thousands of patients who attend Accident and Emergency every year can be treated at their local Minor Injuries Service.

- You will often be seen quicker at the Minor Injuries Service than by attending Accident and Emergency, especially over busy periods such as evenings and weekends.

<table>
<thead>
<tr>
<th>Minor Injuries Services</th>
<th>Victoria Hospital</th>
<th>Hayfield Road, Kirkcaldy, KY2 5AH</th>
<th>Located within A&amp;E at Victoria Hospital, walk-in service operates 24/7</th>
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<tbody>
<tr>
<td>Queen Margaret Hospital</td>
<td>Whitefield Road, Dunfermline, KY12 0SU</td>
<td>Walk-in service operates 24/7</td>
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<tr>
<td>St Andrews Community Hospital</td>
<td>Largo Road, St Andrews, KY16 8AR</td>
<td>A walk-in service operates Monday - Friday, 8am-6pm, Outwith these times and on public holidays call NHS 24 on 111</td>
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<tr>
<td>Adamson Hospital</td>
<td>Bank Street, Cupar, KY15 4JG</td>
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ACCIDENT AND EMERGENCY

Accident and Emergency (A&E) Services provide care for people who show the symptoms of serious illness or are badly injured.

A&E and calling 999 should only be used for serious illnesses or injuries, so that essential treatment is given as quickly as possible to those who need it most.

If you attend A&E inappropriately and it is felt you do not need to be seen in A&E, you may be asked to seek help from an alternative service such as your GP or local pharmacy.

If you would like this booklet in an alternative format or community language please call 01383 565142 or email fife-UHB.EqualityandDiversity@nhs.net

For more information or to find your nearest service visit the website at www.nhsfife.org/knowwhototurnto