SPECIAL NEEDS SUPPORT
AUTISM, DYSEXIA AND OTHER SPECIAL NEEDS SUPPORT

• Autistic Spectrum Support Group (ASSG)
  Support for families of children with autistic spectrum disorders and co-morbid disorders such as ADHD. Monthly support group in Leven two play workers look after the children to allow the parents to talk.
  Betsy McKendrick.
  Tel: 01592 262 436

• Early Bird Programmes
  An Autism specific early intervention programme has been developed by the National Autistic society to give advice and support parents and carers of pre-school children who have a diagnosis of a autistic spectrum disorder.
  Parent and Professional referral required for more information about local NAS Early Bird teams.
  Please contact:
  Jo Stevens – Director / Morag Muir / Melanie Booth
  NAS Early Bird Centre
  3 Victoria Crescent
  West Barnsley
  S75 2AE
  Tel: 01226 779 218
  Email: earlybird@nas.org.uk
  Website: www.nas.org.uk/earlybird

  Early Bird Programme for parents of pre-school children and Early Bird Plus for parents of children aged 5 – 8 years. The team is made up of clinical psychologists and speech and language therapists. For more information contact:
  Dr Jill Jones or Dr Gill Kidd
  Child & Adolescent Psychological Services Department
  Lynebank Hospital
  Halbeath Road
  Dunfermline
  KY11 4UW
  Tel: 01383 565 210
• **Families First -St Andrews**

Before and after school clubs at local primary schools. Holiday clubs offer children special outings and activities and provide small group and one to one attention. Other services include a Befriending Service for predominately single parent families and / or have ADHD or Autism. Practical services such as DIY, decorating driving and equipment provision are also provided. Referrals from professionals such as Psychologists and Social Workers.

Vicki Calder / Debora Ibbitson
Rose Lane Centre
132 South Street
St Andrews
KY16 9BJ

Tel: 01334 473 259
Email: info@families-first.fsnet.co.uk
Children In Fife Support Service Information For Parents / Carers

- **FAST – Fife Autistic Spectrum Team**
  Team includes a consultant psychiatrist, clinical psychologist, occupational therapist, speech and language therapist and school doctor. Service is for children who have difficulties in the area of social, communication and play development. Referrals are through Professionals such as Psychologists or Social Workers.

  Playfield House – Stratheden – The last Wednesday of every month – am & pm
  Carnegie Clinic – Dunfermline – Every 1st Thursday of every month – am & pm
  Fair Isle Clinic – Kirkcaldy – Every second Friday of every month – am & pm

- **Fife Action on Autism**
  Provides information and support to families with children with autistic spectrum disorders (ASD). Monthly meetings. Raises awareness of ASD. Encourages appropriate statutory service provision. Coordinate social skills groups for young people with Aspergers Syndrome.

  Ann James
  5 Darnaway Drive
  Glenrothes
  Fife
  KY7 6GL
  Tel: 01592 620 997
  E-mail: Ashby.cottage@virgin.net

  Thelma Fyfe -Aspergers Syndrome Support Coordinator
  Tel : 01592 630 600
  Email : asperger@fifeactiononautism.org.uk
  Website: www.fifeactiononautism.org.uk

- **Leven Baptist Church Centre**
  Offers Playgroup, out of school club, Toddlers, Gingerbread Creche, Autistic Spectrum Support Group, Brownies, keep fit, soup and roll, lunch, Café. The Autistic Spectrum Support Group meets every second Wednesday of the month from 7pm onwards and the Church provides nursery workers to facilitate a crèche.

  Mrs Margaret Chisholm
  Church Road
  Leven
  KY8 4JD
  Tel: 01333 421 566
• **National Autistic Society**
  Autism Helpline – 0845 070 4004 (Mon –Fri 10am-4pm)
  Email: autismhelpline@nas.org.uk
  Website: www.autism.org.uk

• **PHAD (People with high functioning autistic disorder)**
  Provides information, local support groups (Kirkcaldy, Dunfermline and Cupar), one-to-one support, and training for parents and professionals. Self referrals and Professional accepted.
  Stella Mac Donald
  Tel: 01383 733 653

• **Same As You Project (SAY)**
  Glenrothes service supporting individuals with a physical or learning disability, sensory impairment, autistic spectrum disorder or families of children with attention deficit disorders
  Contact Geraldine Eddie or Sylvia Thomson
  Address Q10 Flemington Road
  Glenrothes, KY7 5QF
  Telephone 01592 414 282
  E-mail Geraldine.eddie@fife.gov.uk or Sylvia.Thomson@fife.gov.uk

• **The help! Programme Fife**
  A National Autistic Society (NAS) Programme for parents/carers of school children aged between 5-11 years, young people and adults and who have received a diagnosis of an autistic spectrum disorder (ASD) within the last 18 months.
  Sessions include understanding autistic spectrum disorders and your child’s diagnosis, communication and social interaction, strategies for behaviour support, educational issues, legislation and rights, partnerships and support networks. Information on current availability of sessions can be obtained from the contacts below
Venue:
The Lomond Centre
Woodside Way
Glenrothes
Fife
KY7 5RA

Programme places are free for more information please contact:

Margaret Friday
The NAS help! Team Scotland
Central Chambers
109 hope Street
Glasgow
G2 6LL.
Tel: 0141 285 7114

• **School Doctors**

See children in all schools who may have special needs. Will address learning disabilities, school phobia and behavioural problems (e.g. Enuresis, Encopresis, ADHD and ASD). Every school in Fife has an allocated School Doctor and Nurse.

• **Useful Books available via the Website or by Post:**

The National Autistic Society
Address:
393 City Road
London
EC1V 1NG.
Tel: 020 7903 3595
Email: publications@nas.org.uk
Website: [www.autism.org.uk/pubs](http://www.autism.org.uk/pubs)

Request a publications catalogue covering different aspects of ASD for both adults and children. Can also be contacted for a free publications update or see their website.

**Finding Out about Asperger’s Syndrome, High Functioning Autism and PDD**
Publisher: Jessica Kingsley London
ISBN: 1853028401
Our Journey Through High Functioning Autism And Asperger’s Syndrome
Atwood, T. & Andron, L. (2001)
Publishers: Jessica Kingsley London
ISBN: 1853029475

Moor, J. (2002)
Publisher: Jessica Kingsley London

What Does It Mean To Have autism?
Publisher: Heinemann Library

My Social Stories
Publishers: Jessica Kingsley London

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- **Aberlour Child Care Trust**
  Offers residential respite for children with learning disabilities which covers the whole of Fife. An outreach service is also available which offers planned activities either in groups or individually depending on the needs of the child. Referrals come through Social Work.
  
  Jacqui Kirk
  85 Wilmington
  Collydean
  Glenrothes
  
  Tel: 01592 744 636
  (In the case of no reply please leave a message on the answering machine)

- **Community Learning Disability Teams (3 in Fife)**
  Teams include Psychology, Nursing, speech and Language Therapy, and Psychiatry. They offer assessment, diagnosis, intervention, support for parents and future planning. Many of the children and young people in their caseloads who have autistic spectrum disorder.
West Fife Team
Child and Adolescent Clinical Psychology Service
Lynebank Hospital
Halbeath Road
Dunfermline
KY11 4UW.

Leven Team
Randoolph Wemyss Hospital
Wellesley Road
Buckhaven
Tel: 01592 713 863

Central Team
Kirkcaldy The Health Centre
Rossland place
Kinghorn
KY3 9RT
Tel: 01592 890 690

• CSNIPS (Children with special needs in pre-school)
Fife wide organisation which can provide funding for 1:1 support (play friends) for pre-school children who require additional support for care and learning in playgroups and nurseries.
Contact: Val Adamson
Tel: 01383 853 314

• Early Education Group for Children with Motor Impairment (under 5’s)
The curriculum is based on age appropriate activities and targets all areas of child development gross ad fine motor skills language and communication social and life skills and fosters early learning and an awareness of the world around them.
Sandra Watt
Carleton nursery
Bighty Road
Glenrothes
KY7 5AS
Tel: 01592 415 662

• CROSSROADS FIFE CENTRAL
3 Scott Road
Glenrothes
KY6 1AB
Telephone: 01592 610540

Main office open weekdays between 10.00am and 3.00pm an answering machine is on out with these times. Offers short respite for parents or carers of children of any age with special needs at regular times.

**ENABLE FIFE**

Support for children with learning disabilities. The Enable information service has an extensive library containing books, videos and information packs all of which are available for loan.

Hayfield Place
Hayfield Ind. Est
Kirkcaldy
Fife
KY2 5DH

Tel: 01592 642 612
Email: lendahand@enable.org.uk

Tel: 0141 226 4541 (main office)

**LEND A HAND ENABLE SERVICES**

Offer family based respite (referral must come from social work) play schemes, support at home and befriending for children with learning disabilities (self referral or through other Specialists). Covers the whole of Fife.

Tel: 01592 642 612

**PALS (Play After Learning) Project**

Co-ordinated by Enable. This service provides 1:1 support for school age children who require additional support in after school clubs. The play-friend liaises with parents, trains and supports existing staff, and works towards integrating the child into the play provision. The service is aimed at families were both parents are in employment.

Contact: Sarah or Andrea at ENABLE.
Tel: 01592 642 612
• **Occupational Therapy Service**
  Carolyn Mc Donald  
  Carnegie Clinic  
  Inglis Street  
  Dunfermline  
  KY12 7AX  
  Tel: 01383 722 911  
  Email: Carolyn.mcdonald@fife.pct.scot.nhs.uk

• **Seal Association**
  Preventative work with young people (8-16) in need of support in Dunfermline. Individual support is available for children with profound learning difficulties.
  
  Contact: Alex Birrell - Project Leader.  
  Tel: 01383 730 673

• **School Doctors**
  See children in all schools who may have special needs. Will address learning disabilities, school phobia and behavioural problems (e.g. enuresis, encopresis, ADHD and ASD).
  
  Contact: Dr Zoe Claisse  
  Tel: 01383 722 911

• **Service for Children and Young People with Sensory Impairments**
  Early referral to service from point of diagnosis from Specialists / registration, assessment of individual need, preschool / parent guidance following on throughout school age, liaison with health services and Social Work.
  
  Marion Reid  Manager (Visual and Hearing Impairments)  
  Auchterderran Centre  
  Woodend Road  
  Cardenden  
  KY5 ONE  
  Tel: 01592 414 708  
  Email: Marion.reid@fife.gov.uk

• **Royal National Institute of The Blind**
  An assessment of useful vision is offered for children and young people particularly those with additional difficulties. Self-referral, school, social services, GP and other Health Professionals.
  
  RNIB Scotland  
  Information Office  
  Fife Sensory Impairment Centre  
  Wilson Avenue
Visualise offers various services for multi-disabled visually impaired children and adults throughout Scotland.

Contact Visualise
Address Norton Park
57 Albion Road
Edinburgh, EH7 5QY
Telephone 0131 475 2337

SNIP – Special Needs Information Point
For anyone working with a family of a child with an illness, disability or special need.

A voluntary organisation based at the Royal Edinburgh Hospital for Sick Children in Edinburgh. SNIP has 3 distinct services Information, Advice and Support, Education and Training, Consultation and Policy and can offer training for carers.

Special Needs Information Point
14 Rillbank Terrace
Royal Hospital for Sick Children
Edinburgh EH9 1LN
Tel/Fax: 0131 536 0583
Text-phone: 0131 536 0360
E-mail: Snip@btinternet.com
Website: www.snipinfo.org

Pamis – Promoting a More Inclusive Society

Fife
Springfield House
15/16 Springfield
University of Dundee
Dundee
DD1 4JE
Co-ordinator: Jessie Roberts
Tel: 01382 345 154
Email: j.e.Roberts@dundee.ac.uk

Tayside
Springfield House
15/16 Springfield
University of Dundee
Dundee
DD1 4JE
Tel: 01382 345 154
Email: m.Philip@dundee.ac.uk
Website: www.dundee.ac.uk/pamis
- **AbilityNet**
  
  AbilityNet is a national organisation providing information and assessment services to ensure disabled people can make effective use of computer technology. It is committed to helping people find the best and most cost effective way to get round difficulties in using a computer.

  Abilitynet  
  PO Box 94  
  Warwick  
  CV34 5WS  

  Tel: 0800 269 545  
  Website: [www.abilitynet.co.uk](http://www.abilitynet.co.uk)

- **Advisory Unit Computers in Education**
  
  The advisory Unit has expertise in the use of IT to support pupils who have severe learning difficulties, moderate learning difficulties and specific learning difficulties.

  Advisory Unit Computers in Education  
  126 Great North Road  
  Hatfield  
  Hertfordshire  
  AL9 5JZ  

  Tel: 01707 266 714

- **Afasic**
  
  Afasic is a parent led organisation that helps children and young people who have speech and language impairment.

  Afasic  
  2nd Floor  
  50-52 Great Sutton Street  
  London  
  EC1V 0DJ  

  Tel: 020 7490 9410  
  Email: [info@afasic.org.uk](mailto:info@afasic.org.uk)  
  Website: [www.afasic.org.uk](http://www.afasic.org.uk)
• **The Dyspraxia Foundation**
  Dyspraxia is an impairment or immaturity of the organisation of movement, perception and thought. The Trust offers advice, information, support, professional and parental conferences and much more.

  The Dyspraxia Foundation
  8 West Alley
  Hitchin
  Herts
  SG5 1EG
  Tel: 01462 454 986
  Website: [www.dyspraxiafoundation.org.uk](http://www.dyspraxiafoundation.org.uk)

• **National Association for Special Educational Needs (NASEN)**
  NASEN aims to promote the development of children and young people with special educational needs and support those who work with them.

  NASEN House
  4/5 Amber Business Village
  Amber Close
  Amington
  Tamworth
  Staffs
  B77 4RP
  Tel: 01827 311 500
  Tel: 01978 290 666

• **Write Away for Friendship and Communication**
  ‘Write Away’ organises pen-friends for adults and children with disabilities or special needs.

  Write Away
  1 Thorpe Close
  London
  W10 5XL
  Tel & Text phone: 020 8964 4225
  Email: info@write-away.org
  Website: [www.write-away.org](http://www.write-away.org)

• **Facial Disfigurement**
  For children affected by facial disfigurement.

  Website: [http://www.lets-face-it.org.uk](http://www.lets-face-it.org.uk)
• **Hair Pulling – Trichotillomania UK (TUK)**
  Advice and information for people who suffer from Trichotillomania the medical term for hair pulling
  Contact TUK
  C/o Attention XMHD
  312 King Street, Hammersmith, London W^ ORR
  Telephone 0208 7418 224

• **British Dyslexia Association (BDA)**
  A national organisation for specific learning disabilities. Represents over 2 million dyslexic children and adults. Made up of over 100 local dyslexia associations and 28 support groups as well as 86 corporate members it forms one of the world’s leading dyslexia organisations and a channel for the latest thinking and research on the subject.
  BDA
  98 London Road
  Reading
  RG1 5AU
  Helpline: 0118 966 8271
  Admin: 0118 966 2677
  Website: [www.bda-dyslexia.org.uk](http://www.bda-dyslexia.org.uk)

• **Scottish Dyslexia Association**
  Scottish Dyslexia association
  Unit 3
  Stirling Business Centre
  Wellgreen
  Stirling
  FK8 2DZ
  Tel: 01786 446 650
  Email: dyslexia.Scotland@dial.pipex.com

• **Dyslexia Scotland**
  Tel: 0844 800 8484
  Email: info@dyslexiascotland.org.uk
  Website: [www.dyslexiascotland.org.uk](http://www.dyslexiascotland.org.uk)

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• **Books:**

**Helping Children With Dyspraxia**  
Boon, M. (2001)  
Publishers: Jessica Kingsley London  
ISBN: 1853028819

**Stick Up For Yourself: Every Kid’s Guide to Personal Power & Self Esteem**  
Kaufman, G.  
Publisher: Free Spirit Publishing  
ISBN: 1575420686

**Helping Children cope with Stammering**  
Publisher: Sheldon Press  
ISBN: 0859697282

**Don’t Give Up Kid: And Learning Difference’s**  
Publisher: Verbal Images Press

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