Speech and Language Therapy Service for adults with learning disabilities

Information leaflet
A Speech and Language Therapist helps with communication.

Communication means getting your message across and understanding other people.

A Speech and Language Therapist can help you with eating, drinking and swallowing.

If you need help with communication or eating and drinking you can phone this number for help

01383 565230

Or you can email this address for help

Fife-uhb.LDReferrals@nhs.net
Speech and Language Therapists works with different people to help you.

They might work with:

- You
- Your family
- Your friends
- Your support staff
Speech and Language Therapists can help you with communication. They might:

- Do an assessment. This means finding out what is easy and what is hard for you.
- Help you with talking.
- Help you to use symbols and photos.
- Show other people how to use objects to help you to understand things.
- Help you with signing.
- Help you to use computers to talk to people.
- Make information easy to understand.
- Give training and help to your staff about communication.
Some people have problems eating or drinking. They might choke or get chest infections.

Speech and language therapists can help to make eating and drinking safe. They can:

- Tell you about foods and drinks that are easy to eat and drink.
- Tell you about things you can do to make eating and drinking easy and safe.
- Give training and help to your staff about eating and drinking.
Staff from the Communication for Health project made this leaflet.

The Communication for Health project helps people by making information easy to read.

The pictures on this leaflet are from Photosymbols 3.

You can go to our website to find out more information about our project.

www.nhsfife.scot.nhs.uk/easyread